



2010 Family Day Weekend Schedule

THURSDAY February 11, 2010		
Hours of Operation 5:30am – 10:30pm		
<i>Fitness Floor</i>		05:30am – 10:30pm
<i>Aquatic</i>		
<i>Main Pool</i>	Non wave swim	05:30am – 12:00pm
	Wave swim	12:00pm – 10:00pm
<i>Lap pool</i>	4 Lanes	05:30am – 09:00am
	Shared lane swim	09:00am – 10:00pm
<i>Other wet areas</i>		05:30am – 10:00pm
<i>Water Fitness</i>		2010 Winter Schedule
<i>Climbing Wall</i>		07:30pm – 10:00pm
<i>Gymnasium 1</i>	Basketball	05:30am – 07:00pm
<i>Gymnasium 2</i>	Badminton	05:30am – 08:15am 04:30pm – 07:00pm
<i>Arena</i>	Adult Shinny over 18 yrs.	10:00am – 11:15am
	Drop In Skate	01:30pm – 02:45pm
<i>Leisure Rink</i>	Open skate	07:00am – 12:15pm 12:30pm – 03:45pm 04:00pm – 06:15pm 06:30pm – 10:15pm
<i>Child Care</i>		Regular Hours
<i>Group Fitness</i>		2010 Winter Schedule, except cancellation of 9:30am Body Blast



2010 Family Day Weekend Schedule

FRIDAY February 12, 2010		
Hours of Operation 5:30am – 10:30pm		
<i>Fitness Floor</i>		05:30am – 10:30pm
<i>Aquatic</i>		
<i>Main Pool</i>	Non wave swim	05:30am – 12:00pm
	Wave swim	12:00pm – 06:00pm 09:00pm – 10:00pm
	Youth swim	06:00pm – 09:00pm
<i>Lap pool</i>	4 Lanes	05:30am – 08:30am
	Shared lane swim	08:30am – 10:00pm
<i>Other wet areas</i>		05:30am – 10:00pm
<i>Water Fitness</i>		2010 Winter Schedule
<i>Climbing Wall</i>		06:00pm – 10:00pm
	Belay Time	06:00pm – 10:00pm
<i>Gymnasium 1</i>	Basketball	05:30am – 10:15pm
<i>Gymnasium 2</i>	Badminton	05:30am – 08:15am 04:30pm – 10:15pm
	Youth Night	06:00pm – 09:00pm
<i>Arena</i>	CLOSED FOR BOOKINGS	
<i>Leisure Rink</i>	Open skate	07:00am – 12:15pm 12:30pm – 03:45pm 04:00pm – 06:15pm 09:00pm – 10:15pm
	Family Skate	06:30pm – 09:00pm
<i>Child Care</i>		Regular Hours
<i>Group Fitness</i>		Regular Winter Schedule
<i>Parent & Tot</i>		NO CLASS TODAY



2010 Family Day Weekend Schedule

SATURDAY February 13, 2010		
Hours of Operation 7:00am – 9:00pm		
<i>Fitness Floor</i>		07:00am – 09:00pm
<i>Aquatic</i>		
<i>Main Pool</i>	Non wave swim	07:00am – 12:00pm
	Wave swim	12:00pm – 08:30pm
<i>Lap pool</i>	Lane swim	07:00am – 09:00am
	Shared lane swim	09:00am – 08:30pm
<i>All other wet areas</i>		07:00am – 08:30pm
<i>Water Fitness</i>		Regular Schedule
<i>Climbing Wall</i>		01:30pm – 07:00pm
<i>Gymnasium 1</i>	Basketball	07:00am – 08:45pm
<i>Gymnasium 2</i>	Badminton	07:00am – 08:45pm
<i>Arena</i>	CLOSED FOR BOOKINGS	
<i>Leisure Ice</i>	Open skate	07:00am – 06:30pm
	Youth skate	06:30pm – 08:45pm
<i>Group Exercise</i>	Endurance Cycle	8:30am
	Urban STRONG	9:30am
	To The Core	10:30am
<i>Youth Fitness Area</i>		07:00am – 09:00pm
<i>Childcare</i>		Regular Schedule
<i>Parent and Tot</i>		NO CLASS TODAY



2010 Family Day Weekend Schedule

SUNDAY February 14, 2010		
Hours of Operation 7:00am – 9:00pm		
<i>Fitness Floor</i>		07:00am – 09:00pm
<i>Aquatic</i>		
<i>Main Pool</i>	Non wave swim	07:00am – 12:00pm
	Wave swim	12:00pm – 08:30pm
<i>Lap pool</i>	Lane swim	07:00am – 08:00am
	Shared lane swim	08:00am – 08:30pm
<i>All other wet areas</i>		07:00am – 08:30pm
<i>Water Fitness</i>		Regular Schedule
<i>Climbing Wall</i>		11:00am – 01:30pm 02:30pm – 06:00pm
<i>Gymnasium 1</i>	Basketball	07:00am – 08:45pm
<i>Gymnasium 2</i>	Badminton	07:00am – 10:45am 12:15am – 08:45pm
<i>Arena</i>	Family shinny	06:00pm – 07:15pm
<i>Leisure Ice</i>	Open skate	07:00am – 01:00pm
	Family skate	01:00pm – 03:00pm
	Open skate	03:00pm – 08:45pm
<i>Group Exercise</i>		NO CLASSES TODAY
<i>Youth Fitness Area</i>		07:00am – 09:00pm
<i>Childcare</i>		Regular Schedule



2010 Family Day Weekend Schedule

MONDAY February 15, 2010		Family Day
Hours of Operation 8:00am – 9:00pm		
<i>Fitness Floor</i>		08:00am – 09:00pm
<i>Aquatic</i>		
<i>Main Pool</i>	Non wave swim	08:00am – 12:00pm
	Wave swim	12:00pm – 08:30pm
<i>Lap pool</i>	Shared lane swim	08:00am – 08:30pm
<i>All other wet areas</i>		08:00am – 08:30pm
<i>Water Fitness</i>		NO CLASSES TODAY
<i>Climbing Wall</i>		11:00am – 08:00pm
<i>Gymnasium 1</i>	Basketball	08:00am – 08:45pm
<i>Gymnasium 2</i>	Badminton	08:00am – 08:45pm
<i>Arena</i>	Drop In Skate	01:30pm – 02:45pm
<i>Leisure Ice</i>	Open skate	10:00am – 08:45pm
<i>Group Exercise</i>		NO CLASSES TODAY
<i>Youth Fitness Area</i>		08:00am – 09:00pm
<i>Childcare</i>		CLOSED TODAY